

تَسْهِيلُ الْفِقْهِ

TAS-HEELUL FIQH

1

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1

Tasheel-ul-Fiqh Level 1

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Contents



Istinjaa	6	Clean habits	24
Lesson 1	7	Lesson 17	25
Lesson 2	8	Lesson 18	26
Lesson 3	9	Lesson 19	27
Lesson 4	10	Lesson 20	28
Lesson 5	11	Lesson 21	29
Lesson 6	12	Lesson 22	30
Lesson 7	13	Poem 23	31
Lesson 8	14	Questions 24	32
Poem 9	15	Surroundings of a Muslim	33
Questions 10	16	Lesson 25	34
Keep your body clean	17	Lesson 26	35
Lesson 11	18	Lesson 27	36
Lesson 12	19	Lesson 28	37
Lesson 13	20	Lesson 29	38
Lesson 14	21	Poem 30	39
Poem 15	22	Questions 31	40
Questions 16	23	Notes to Muallim/ah	41-43

INTRODUCTION TO *FIQH*

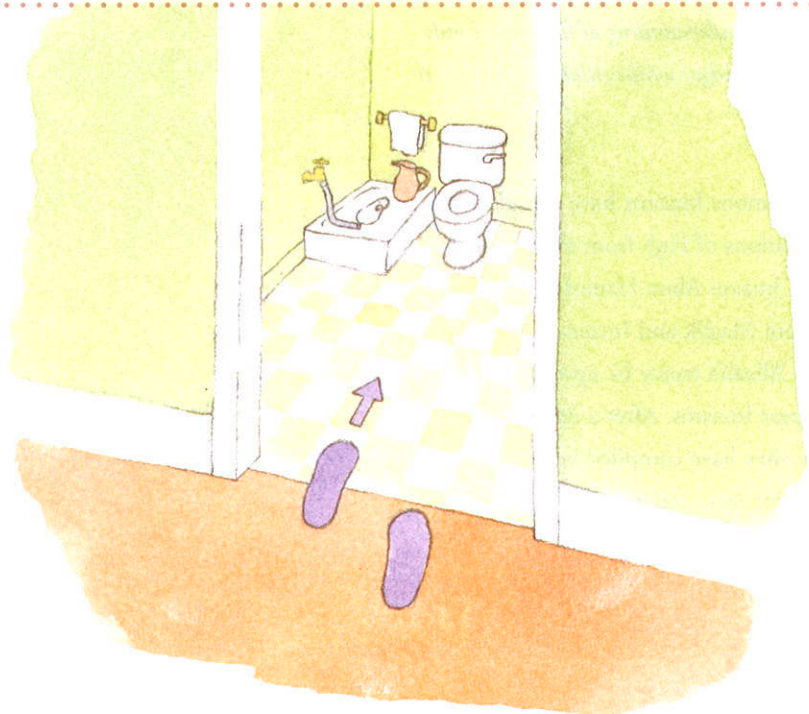
Allaah ﷻ has commanded us to worship and obey Him. He sent Nabee Muhammad ﷺ to teach us how to obey and worship Him. We cannot worship Allaah ﷻ according to our own understanding. Our worship has to be in accordance to the laws of Allaah ﷻ. The rules and regulations which outline the method of worship and obedience are termed as “Fiqh” The manner of purifying ourselves, the manner of performing Salaah, Fasting, Haj, Zakaah, Nikaah, etc. is explained to us through the subject of Fiqh. We acquire a clear understanding of the Deen through the study of Fiqh. Nabee Muhammad ﷺ said:

“Whenever ever Allah ﷻ desires good for a person, he grants him deep understanding of the deen. I only distribute (the knowledge) whilst Allah ﷻ bestows (it to me).”

The great and famous Imaams have extracted the rules and regulations of Fiqh from the Qur’aan and Ahadeeth. Imaam Aboo Haneefah, Imaam Shaafi’ee, Imaam Maalik and Imaam Ahmad bin Hambal (May Allaah’s mercy be upon them) are some of the great Imaams. After a deep study of the Sharee’ah, they have compiled books on Fiqh, making it easy for us to follow the Deen.

How to use the toilet

Muslims clean themselves after passing urine or stool. We take care that urine does not splash on our body or clothes. We make sure that stool does not dirty our body or clothes. A dirty body can make us sick, or give a bad smell. To clean oneself after passing urine or stool is called Istinjaa.



Lesson 1

Keywords read | dua | entering | toilet

❓ Let's talk about how each one of us visits the toilet.

Read the du'a before entering the toilet.

Join the dots

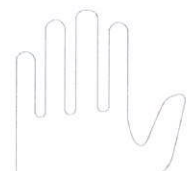
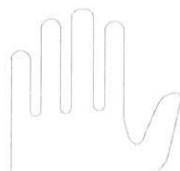
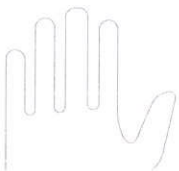
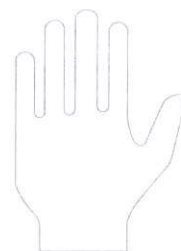
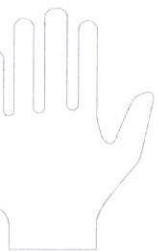
read

entering

dua

toilet

Colour in activity



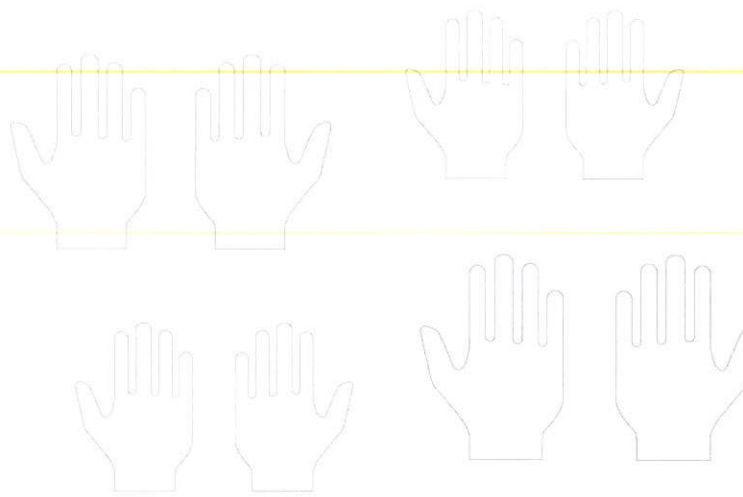
Lesson 2

Keywords enter | left | foot

❓ Let's talk about how you enter the toilet.

Enter with the left foot.

Colour only the
left hand



Join the dots

left foot

Colour in activity



Lesson 3

Keywords sit | urinate

❓ Let's talk about how we sit when we are in the toilet.

Always sit and urinate.

Match the words and circle the correct one

sit

bit

wit

hit

sit

clean

bean

seen

clean

lean

hand

band

hand

sand

grand

Colour the words

sit

urinate

Colour in activity



Lesson 4

Keywords urine | stool | body | clothes

❓ Let's talk about how to take care that you do not dirty your clothes or bathroom.

Take care that urine or stool does not dirty your body or clothes.

Join the dots

urine stool
body clothes

Colour the words

urine stool

Colour in activity



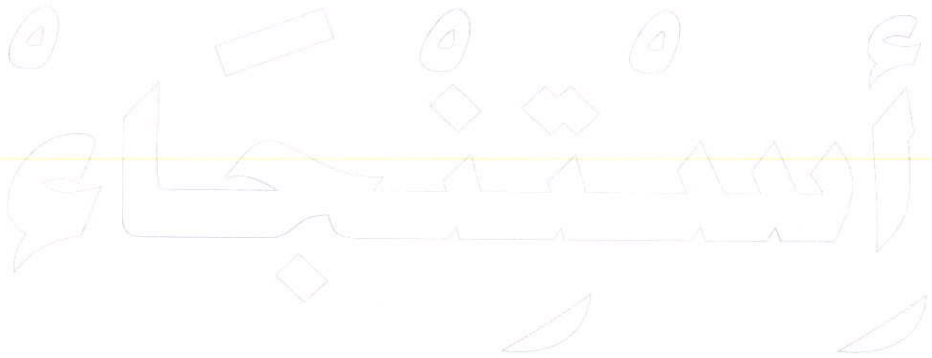
Lesson 5

Keywords left | hand | clean

❓ Which hand do we use when cleaning ourselves?

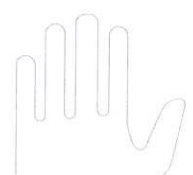
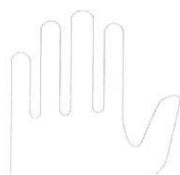
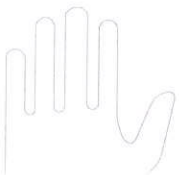
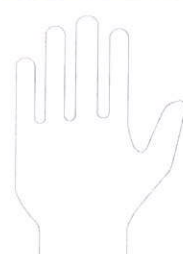
Use the left hand to clean yourself.

Colour the words



istinjaa

Colour in activity



Lesson 6

Keywords toilet paper | water | mud | clean

? How does one clean oneself in the toilet?

Use water and mud pieces or toilet paper to clean yourself.

Match the word to the picture

mud

paper

toilet



Join the dots

paper

water

Colour in activity

Lesson 7

Keywords leave | toilet | right | foot

❓ How do we leave the toilet?

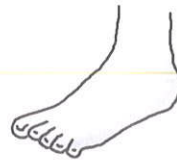
Leave the toilet with the right foot.

Match the word to the picture

foot

hand

water



Colour the words

right

foot

Colour in activity



Lesson 8

Keywords read | dua | leaving | toilet

❓ What do we do when leaving the toilet?

Read the dua after leaving the toilet.

Join the dots

read

dua

leaving

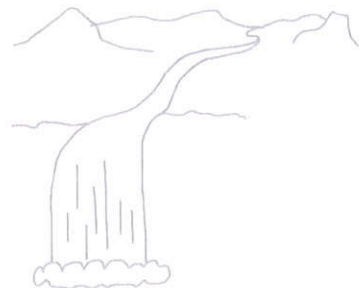
toilet



Let's talk

What do we do after passing urine or stool?

Colour in activity



9. Poem

Eight things - Eight things - Are Muslims doing!

Eight things - Eight things - Are Muslims doing!

We seek the protection of Allaah before entering
Left foot - Left foot - When stepping

Eight things - Eight things - Are Muslims doing!

We relieve ourselves sitting
Careful - Careful - No splashing

Eight things - Eight things - Are Muslims doing!

We use the left hand when cleaning
Water - Water - When washing

Eight things - Eight things - Are Muslims doing!

We step with the right foot when leaving
Praise - Praise Allaah after going

Eight things - Eight things - Are Muslims doing!

Colour in activity

10. Questions - Istinja

1. What does istinja mean?
2. What must we read before entering the toilet?
.....
3. How should I care for my body and clothes when in the toilet?
4. With which hand must I make istinja?
.....
5. Can I stand and urinate?
.....

Keep your body clean

When washing or bathing:

Muslims stay clean and neat at all times. Allaah تَعَالَى loves those who are clean. Shaytaan likes those who are dirty. A dirty body smells and we can become sick. We keep our body clean by always washing and bathing.



Lesson 11

Keywords soap | water

❓ What do we use to clean ourself?

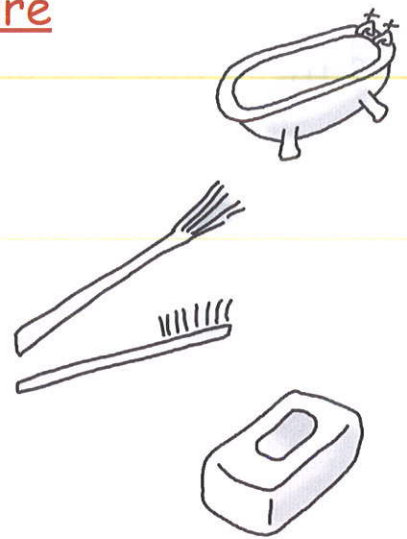
We use soap and water.

Match the word to the picture

soap

bath

miswaak



Join the dots

soap

water

Colour in activity

Soap

Soap

Soap

Soap

Soap

Soap

Soap

Soap

Soap

Soap

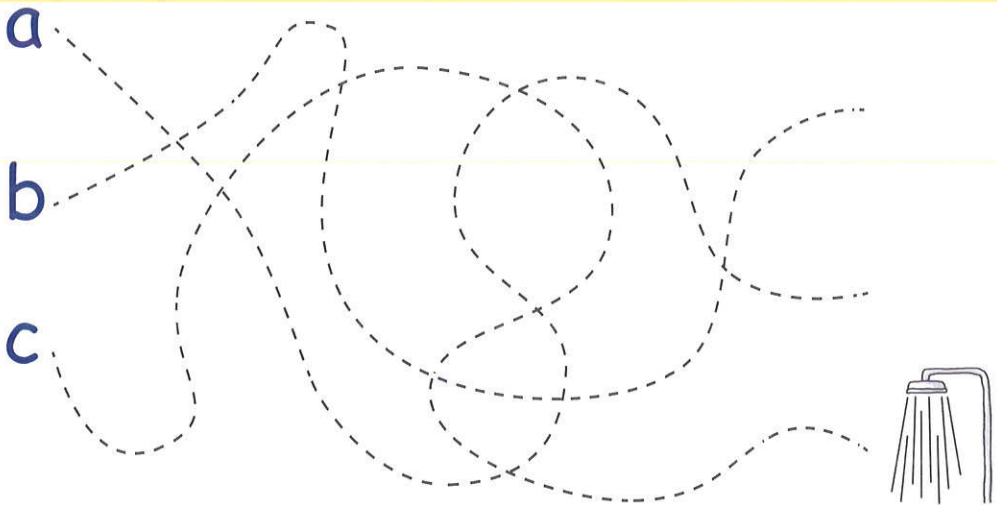
Lesson 12

Keywords clean | each part | properly

❓ How do we clean ourself?

We clean each part properly.

Which way to the shower?



Colour the words

clean properly

Colour in activity



Lesson 13

Keywords rinse | body | clean | water

❓ How do we rinse ourselves?.

We always rinse our body with clean water.

Match the words and circle the correct one

sit

bit

wit

hit

sit

clean

bean

seen

clean

lean

hand

band

hand

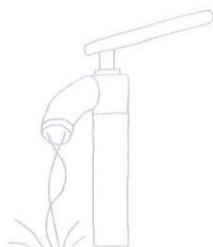
sand

grand

Join the dots

body clean water

Colour in activity - Clean water



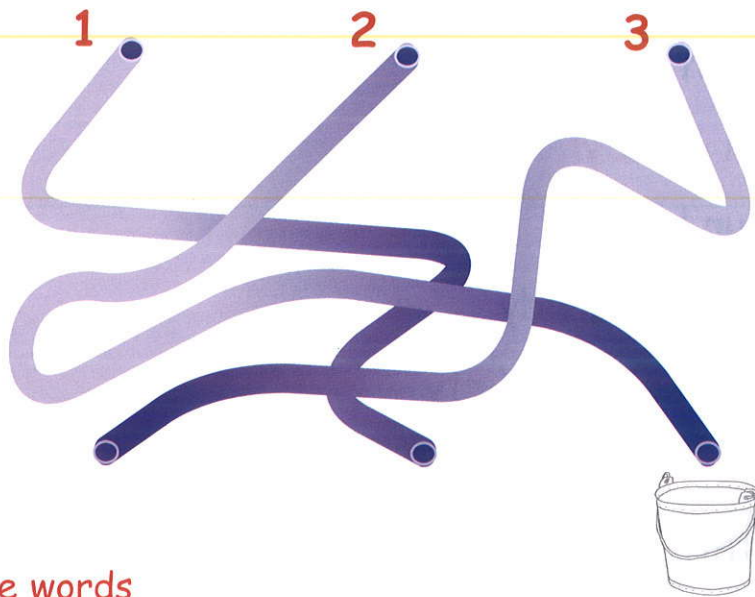
Lesson 14

Keywords do not | waste | water

❓ Let us talk about how we waste water.

We do not waste water.

Which pipes waste water?



Colour the words

WASTE WATER

Colour in activity



15. Poem

Hush Hush Baby

Hush - hush - baby!

Do not stay dirty

Soap your body

And wash it properly

Hush - hush - baby!

Rinse your body

Allaah loves the tidy

Shaytaan likes the dirty

Hush - hush - baby!

Do not stay dirty

Colour in activity

16. Questions - Keep your body clean



1. In what condition must Muslims be at all times?

.....

2. What happens if we do not keep our body clean?

.....

3. What do we use to clean our body?

.....

4. How do we rinse our body?

.....

5. We do not water when cleaning ourselves.

Clean habits

Some clean habits:

Muslims make istinjaa after passing urine or stool. They always wash and clean their bodies. We also make sure that our teeth, hair, and nails are clean and tidy. Our mouth smells and our teeth may rot if we do not clean our teeth or make Miswaak. Long nails carry dirt and germs. Untidy hair makes us look dirty.



Lesson 17

Keywords wash | hands | wake up

❓ What do we do when waking up in the morning?

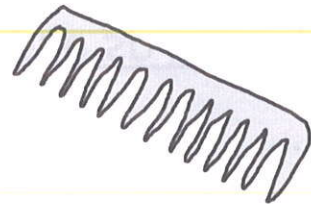
We wash our hands when we wake up.

Match the word to the picture

nail clipper

comb

tooth paste

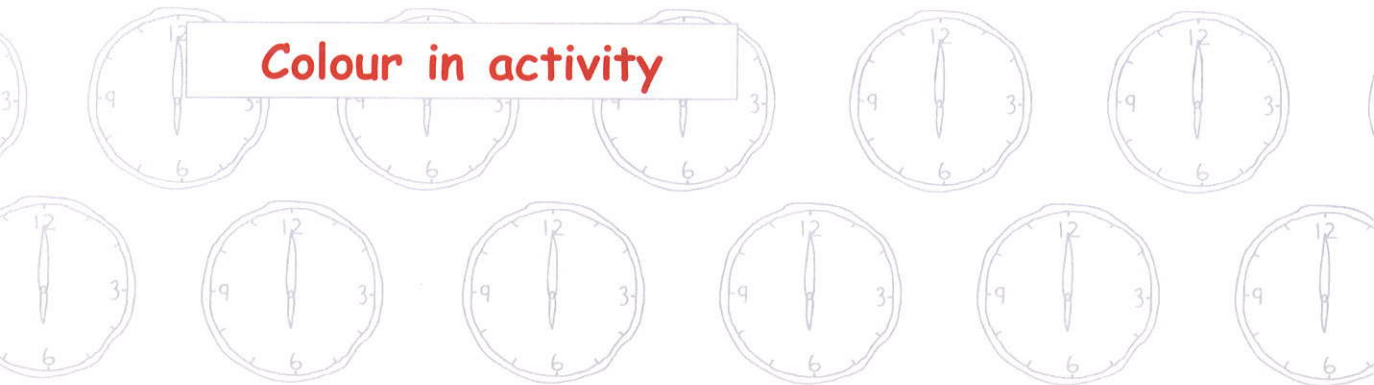


Join the dots

wash

hands

Colour in activity



Lesson 18

Keywords wash | hands | before | after | eat

❓ What do we do before eating after eating?

We also wash our hands before and after we eat.

Match the words and circle the correct one.

wash squash posh rash wash

before more before door saw

after laughter rafter after

Colour the words

before after

Colour in activity



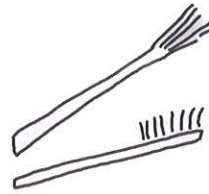
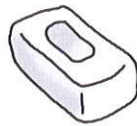
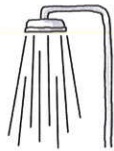
Lesson 19

Keywords brush | teeth

❓ How do we take care of our teeth?

We brush our teeth.

Which things do we need to brush our teeth?

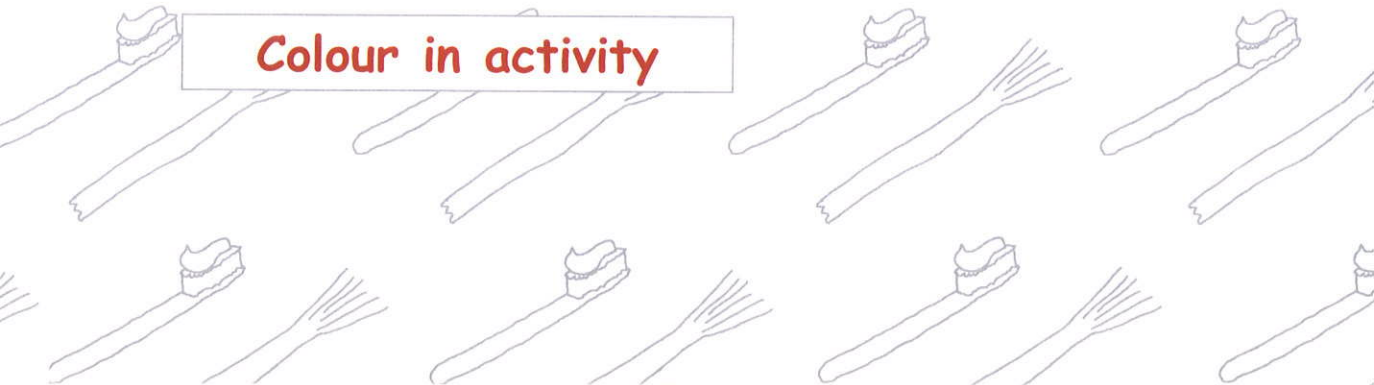


Join the dots

brush

teeth

Colour in activity



Lesson 20

Keywords cut | nails

❓ How do we take care of our nails?

We cut our nails.

Match the words and circle the correct one

cut

but

hut

cut

nut

nail

snail

pale

rail

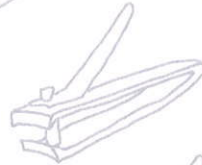
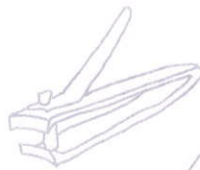
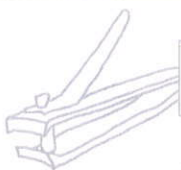
nail

Colour the words

cut

nails

Colour in activity



Lesson 21

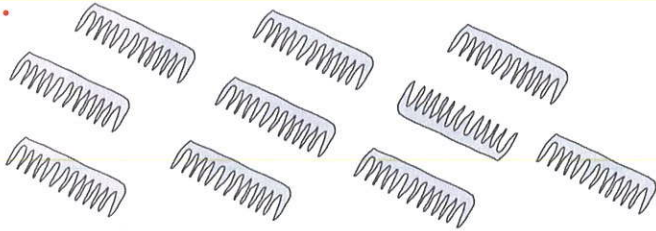
Keywords comb | hair

❓ How do we take care of our hair?

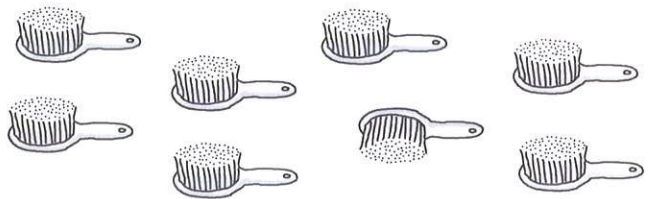
We comb our hair.

Which are the odd ones out?

1.



2.



Join the dots

comb

hair

Colour in activity



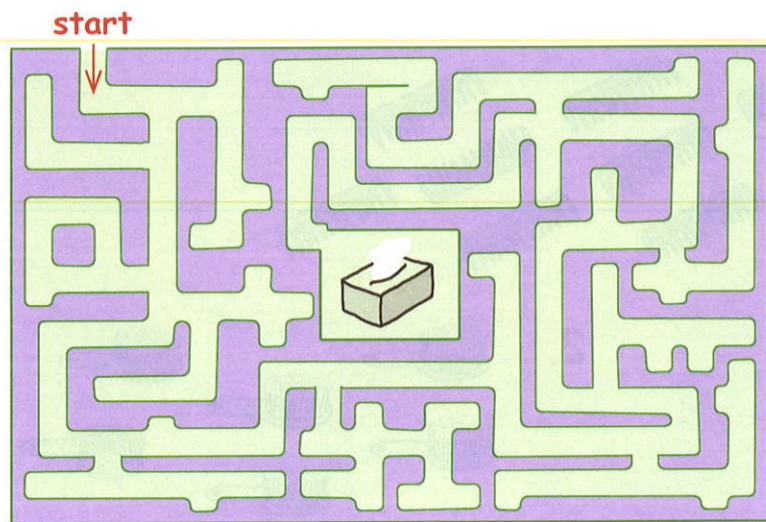
Lesson 22

Keywords clean | nose

? Let us talk about ways to keep our noses clean

We clean our nose with tissues or handkerchiefs

Find your way to the box of tissues

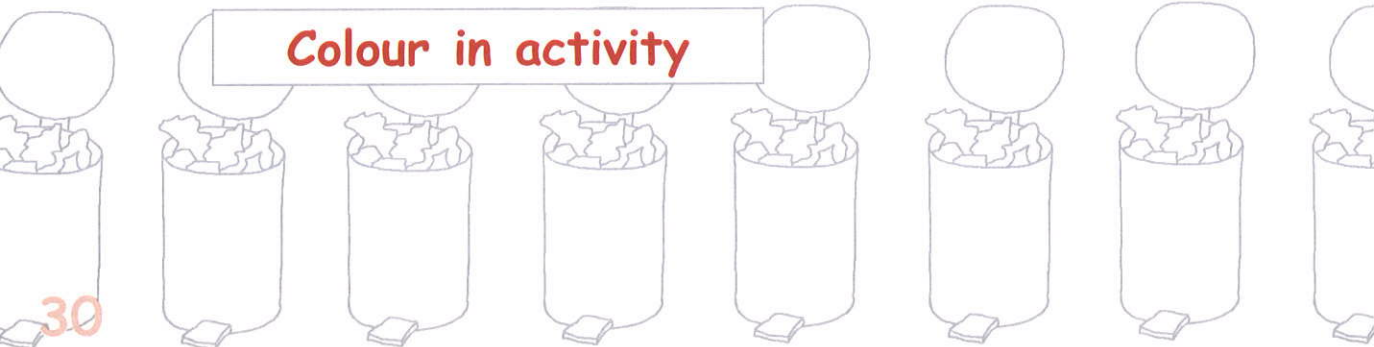


Colour the words

clean

nose

Colour in activity



23. Poem

We are Muslims

We are Muslims - We are Muslims

Our hands we wash - Our teeth we brush

Our nails we cut - Our hair we comb

We are Muslims - We are Muslims

We cut, comb, wash, and brush

Happy, healthy, fine and fresh

We are Muslims - We are Muslims



Colour in activity

24. Questions – Clean habits

1. How do Muslims stay clean?

2. What happens if we do not clean our teeth?

.....

3. What must I first wash when I wake up?

.....

4. Why are long nails unhealthy?

.....

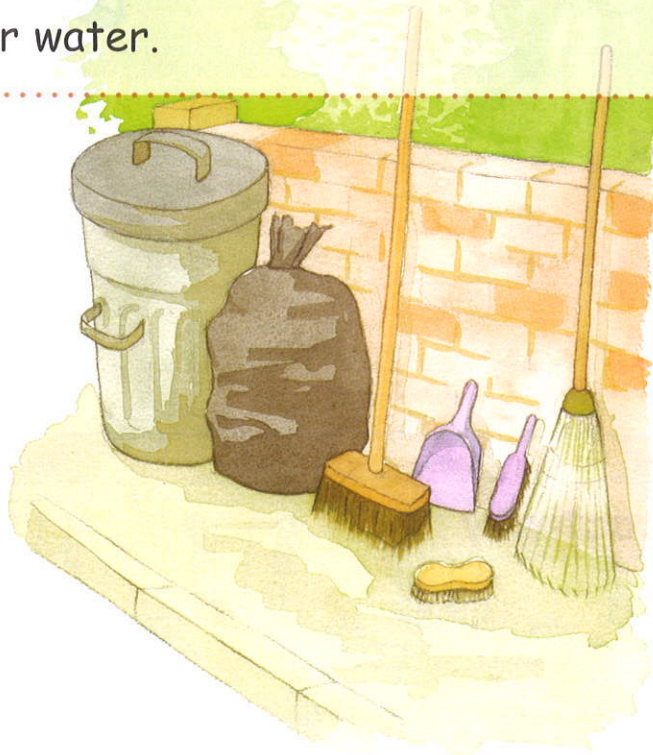
5. How will we look if we do not comb our hair?

.....

Surroundings of a Muslim

How to keep my surroundings clean:

Islaam teaches us to keep our surrounding clean, beautiful, and peaceful. Allaah loves those who keep themselves pure and clean. Muslims make sure that they do not litter or dirty their masjid, school, home, and parks. Allaah rewards us for cleaning our surroundings. Dirt and filth cause germs and sicknesses. They also harm animals, plants, and dirty our water.



Lesson 25

Keywords throw | litter | bin

❓ What do we do with litter?

Throw all litter in a bin and not on the floor.

Match the word to the picture

litter



bin



broom



Join the dots

litter

bin

Colour in activity

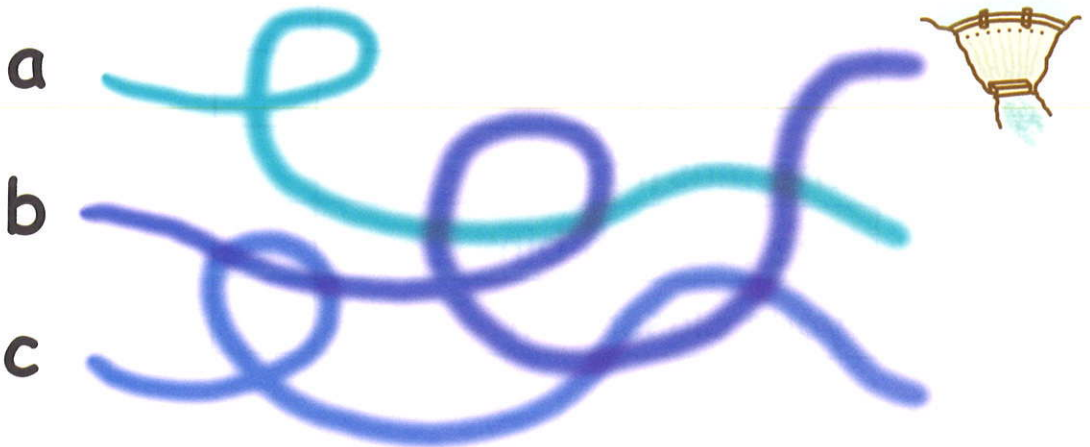
Lesson 26

Keywords do not | throw | rubbish | river

❓ When on a picnic near a stream, dam or water what do we do with our litter?

Do not throw dirt and rubbish into a river or dam.

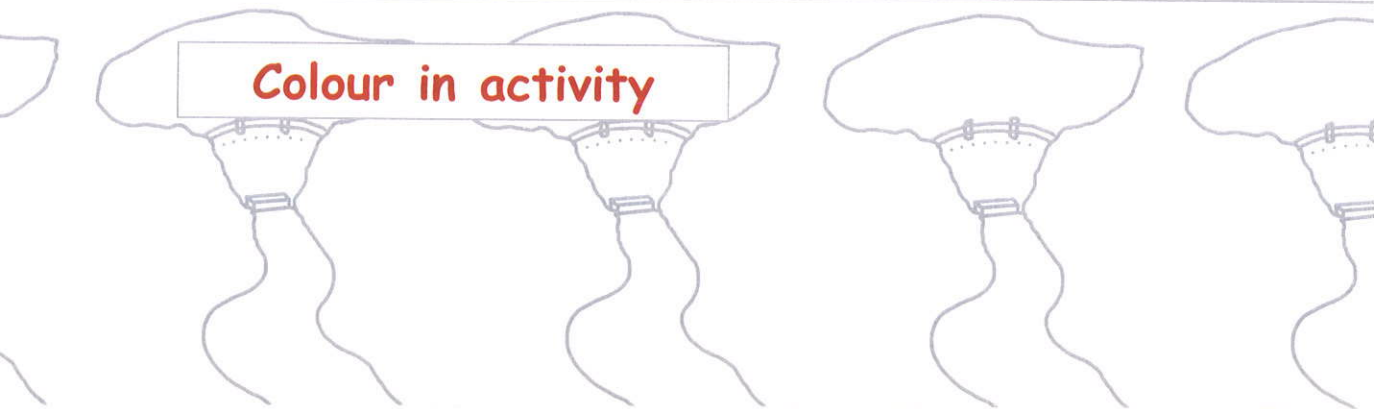
Which river flows to the dam?



Colour the words

rubbish river

Colour in activity



Lesson 27

Keywords keep | room | home | tidy

❓ Let us find ways to help in keeping our homes and rooms clean.

Keep your room and home tidy.

Tick the places we must keep tidy

your home	
your room	
the masjid	
the rubbish bin	
your classroom	

Join the dots

room home tidy

Colour in activity



Lesson 28

Keywords flush | toilet | keep | clean

❓ How can we help keep the toilet spotless?

Always flush the toilet and keep it clean.

Match the words and circle the correct one

flush brush bush flush slush

toilet boil toilet soil toil

clean bean dream clean scream

Colour the words

toilet clean

Colour in activity



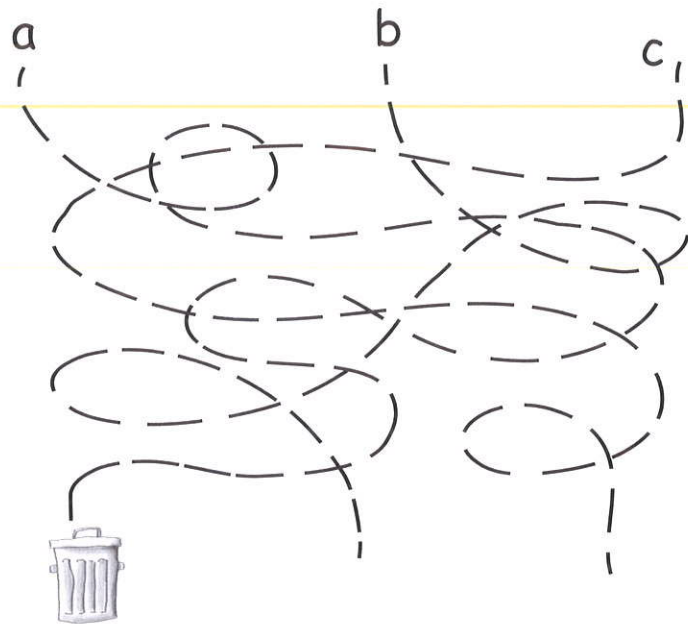
Lesson 29

Keywords pick up | dirt | papers

❓ How to keep our surroundings clean.

Pick up dirt or papers around you.

Which is the right way to get rid of rubbish?



Join the dots

pick up dirt

Colour in activity



30. Poem

Careful little Muslims

Careful - Careful - Little Muslim

Litter causes harm to the surrounding

Careful - Careful - Little Muslim

Fish in the dams are dying

Careful - Careful - Little Muslim

Your room needs tidying

Careful - Careful - Little Muslim

The toilet needs flushing

Careful - Careful - Little Muslim

The masjid needs cleaning

Careful - Careful - Little Muslim

Allaah rewards us for caring

Colour in activity

31. Questions - Surroundings of a Muslim

1. How must we keep our surroundings?

.....

2. Who does Allaah love?

.....

3. Dirt and filth harms

.....,,

4. How do I keep the toilet clean?

.....

5. How must I keep my room and house?

.....

Notes to the Muallim/ah

This Book will come with:

1. 4 large sets of posters for the Muallim/ah to use in the class
2. 4 sets of flash cards for the Muallim/ah
3. 4 themes with a number of lessons on each theme
4. Each lesson is preceded by a question, which would encourage and stimulate discussions around the lesson
5. Suggested development of the first themes
6. Questions on each lesson to be done orally with the children as many have not as yet any basic skills of reading and writing.

The charts give the children the opportunity to identify and know the vocabulary used in the lesson. It gives way to lively discussions. The children should observe the pictures carefully and talk about the objects in them.

Possible questions on the pictures in the charts.

What is this?

Toilet, toilet paper, taps, jug etc

Do you have a toilet similar to this one?

What do you do in the toilet?

Flash Words

Many of the children most probably will not be able to read these words without help, but if they are displayed under the appropriate picture and the Muallim/ah discusses it, it will help the children to recognize these words. Children will identify these words and be familiar when they now find it in their kitaabs, some may be able to match the words with the pictures and thus will boost their confidence.

Remember the flash cards are written in the same typeface as those in the kitaabs. Thus when writing on the board always use the same typeface so as not to confuse the children.

Give the children the opportunity to try and place the correct word under the correct picture in the chart. The dot-to-dot activities will help reinforce the words learnt.

The poems have been included to add fun and excitement in the learning and remembering of the lessons being taught.

The notes in the block serve as an introduction to the lesson. The Muallim/ah must use this in the development of the lesson.

Each theme runs over several weeks and the design of the lessons, makes it such that children would learn in a fun filled way. Every lesson is taught systematically with the ultimate object, that the child has covered all aspects of the theme.

- In Lesson 1 the children talk about how they visit the toilet.
- Lesson 2 how they enter the toilet.
- Lesson 3 how they sit in the toilet
- Lesson 4 how to take care not to soil the clothing.
- Lesson 5 Which hand to use when cleaning themselves in the toilet.
- Lesson 6 how to clean themselves in the toilet
- Lesson 7 How to leave the toilet
- Lesson 8 What to do when leaving the toilet.

Period 1 Discussion

- First establish from the children how each child goes to toilet.
- Now explain to the Children that as Muslims we should clean ourselves in a particular manner and this is called istinjaa. Introduce the word Istinjaa (Flash card) or write it on the board.
- Explain the key words.
- Complete the pupil activity of the writing as well as the colour in activity of the first lesson.

Period 2

- Revision (relevant previous knowledge)
- Remember always to revise work done previously. Istinjaa means...
- Introduce the key words
- The Muallim/ah must first determine whether all the children know the difference between left and right.
- **Pupil activity:**
Play a game where children are to use their right and left hand and feet (e.g touch your right ear with your left hand, lift your left leg,) Show me your partners left hand etc.
- Now ask children how they enter the toilet.
- Complete the pupil activity.

Period 3

- Revision.
- Explain keywords.
- Practical activity.
- Ask the children to imagine that the class is the entrance to the toilet/recite the dua before entering (if the dua has already been learnt). Give every child the opportunity to enter with the left foot and come out with the right foot.

Period 4

- Revision.
- Keywords.
- Discussion.
- Ask the children how they relieve themselves, tell them we are different from non Muslims children that we see at school. We do not imitate them.
- Complete the pupil activity.

Period 5

- Revision.
- Keywords.
- Discussion: Let the children talk about how to be careful in the toilet so as not to soil their clothes.
- Pupil activity.

Period 6

- Revision
- Practical Activity- Play the game of left/right once again.
- Keywords
- Discussions: Ask them which hand they use to clean themselves.
- Pupil activity.

Period 7

- Keywords.
- Bring along objects necessary to make istinjaa with to the class.
- Introduce the chart.
- Pupil Activity.
- Let the children identify the objects.
- Use the flash words and place under correct the picture.
- Pupil activity.

Period 8

- Revision.
- Keywords.
- Practical activity.
Left/right
- Discussion- How do you leave the toilet?
- Pupil Activity.

Lesson 9

- Revision
- Keywords
- Discussion – What to do when leaving the toilet.
- Pupil Activity.

Period 10

- Revision of all aspects learnt.

Period 11

- Finally together with the entire class sing and recite along the poem which encompasses the important aspects learnt in this particular theme.
- Remember this is only a suggested method you may use any method that you think that make the lesson exciting for the child.

1 Fiqh made easy

