

Akhlaaq and aadaab made easy

تَسْهِيلُ الْأَخْلَاقِ وَالْأَدَابِ

TAS-HEELUL AKHLAAQ WAL AADAAB

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**TAS-HEELUL
AKHLAAQ
WAL AADAAB**

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Tasheel-ul-Aadaab Wal Akhlaaq Level 1

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INTRODUCTION TO AKHLAAQ

Allaah ﷻ has created man in the best of forms and as the best of creation. He sent Nabee Muhammad ﷺ to perfect the character of mankind. In order to live as decent human beings, we need to have good manners regarding our own conduct and regarding other people. This is known as having good *Akhlaaq* / character. A person with good *Akhlaaq* is always clean, respectful, honest, and caring. He is loved by Allaah ﷻ and liked by people. People feel safe from the evil of his tongue and hands. He himself enjoys a peaceful life and he makes it possible for others to do the same. The difference between human beings and animals is that human beings lead their lives based on mercy and respect, while animals lead their lives based on power and strength. When people fail to bring good *Akhlaaq* in their lives, they become worse than animals.

Nabee Muhammad ﷺ had the best of character and was sent by Allaah ﷻ to teach us noble Character.

He said that:

"I have been sent to perfect good character."

Muslim manners are derived from the teachings of Allaah ﷻ and His Nabee ﷺ. The noble character of Nabee ﷺ is based on the Qur'aan. If we follow, his example we will be following the Qur'aan. Nabee ﷺ has said that: *"Fear of Allaah and good manners will admit us into Jannah."*

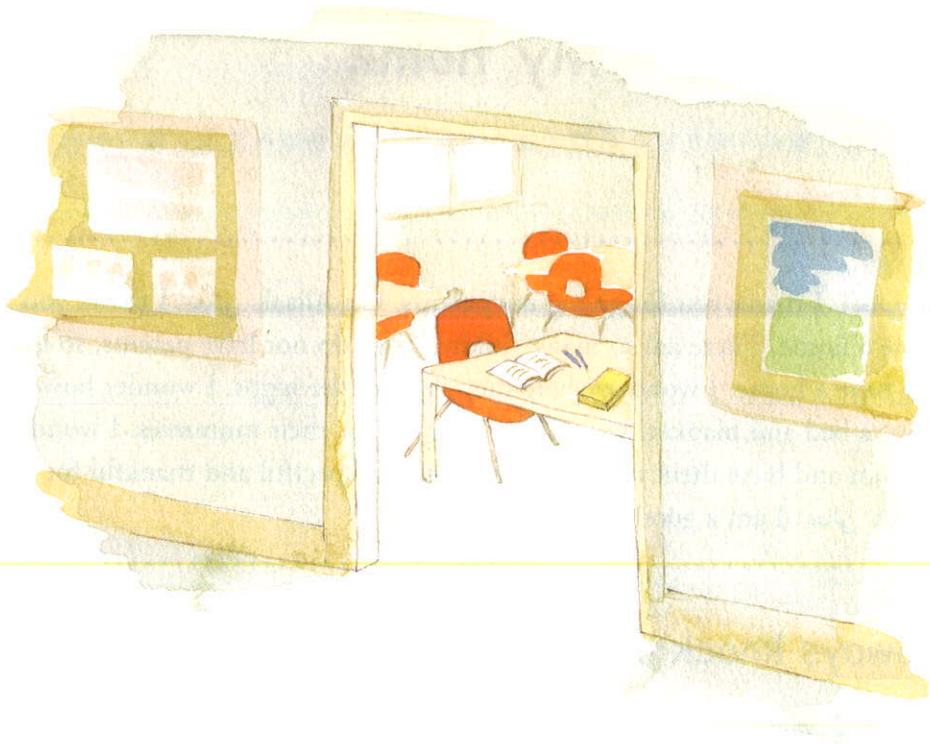
Muslim manners do not change with time nor go out of fashion. Muslim manners are for everybody; the rich, poor, male, female, young and old. A Muslim's conduct must first touch those nearest to him, his family, and neighbours.

Lesson one My classroom



I thank Allaah ﷻ for giving me a chance to learn my Deen. There are so many children who do not have a place to learn. I am so lucky; I have a classroom with chairs and tables. I have books and pens. I have teachers who care for me. I will always be thankful and respectful. I am a good Muslim.

1. I make salaam when I enter the classroom
2. I sit on my place and only leave with the permission of my teacher.
3. I do not talk and play in the classroom.
4. I do my work neatly.
5. I listen when my teacher explains a lesson.
6. I do not leave the classroom without permission.
7. I do not eat in the classroom.
8. I do not dirty my classroom.
9. I speak to my teacher with respect.
10. I always take care of my books and my classroom.



Bad manners in the classroom

Huzayfa first went to madrassah when he was six years old. His mother always spoke to him about respect and good manners. At madrassah, he sat next to a boy whose name was Husayn. Husayn had very bad manners. He was always late for class, never covered his books and most of the time he did not know his work. Sometimes he would play games while the teacher was explaining a lesson. One day the teacher gave the class some work to do. Husayn began walking around the class troubling all the other children who were busy with their work. This caused a lot of noise and the teacher became angry. He scolded Husayn who shouted back saying that: "it was the other children who were making noise." Husayn went back to his place and after a while started eating a chocolate while doing his work. The chocolate began melting in his hand and caused ugly marks all over his books. The teacher became very angry and sent him out of the class.

Husayn's teacher became angry, his books were dirty with chocolate marks, and he was sent out of the class because of bad manners. **Bad manners always lead to trouble!**

Lesson two My home



Oh Allaah تَعَالَى! I thank you for giving me parents. Oh Allaah تَعَالَى! I thank you for giving me a home. There are so many children who do not have parents, so many who do not have a home. I wonder where they sleep in the night. I wonder how they sleep without a bed and blanket. I wonder if they cry for their mummies. I wonder who feeds them and buys them toys. I will always be respectful and thankful for the gifts of Allaah تَعَالَى. I am a good Muslim.

1. I always knock on the door and make salaam when I enter my home.
2. I put my books and bag on their places.
3. I do not leave my clothes and shoes lying around
4. I do not scream, cry, or nag when I want something.
5. I always speak with respect.
6. I do not complain about the food
7. I do not scream and fight with my brothers and sisters
8. I do not go out to play without asking my parents.
9. I always return home before sunset.
10. I always keep my room tidy



Humairah

There was once a little girl named Humaira who always tried to please her mother. She helped her mother clean the house and always spoke with respect. She saw how hungry children stood on street corners begging for food. She always thanked Allaah تَعَالَى and never complained about the food. She learnt about kindness at school and shared her toys with her brothers and sisters. When she returned from school she would always make salaam. She never left her school bag or school clothes lying around. One night as she lay in her bed, she heard the sound of silent crying. She left her bed and quietly walked to her mother's room. Her mother was on the musallah, making dua with her hands lifted up. She cried silently as she said: "O Allaah, I thank you for the wonderful daughter you gave me. She is so obedient and caring. She helps me in the house and never troubles me in any way. Protect her and have mercy on her." Humairah quietly went back to her bed and kept thinking about her mother's dua. Only then did she realize how important it was for children to obey and help their parents.

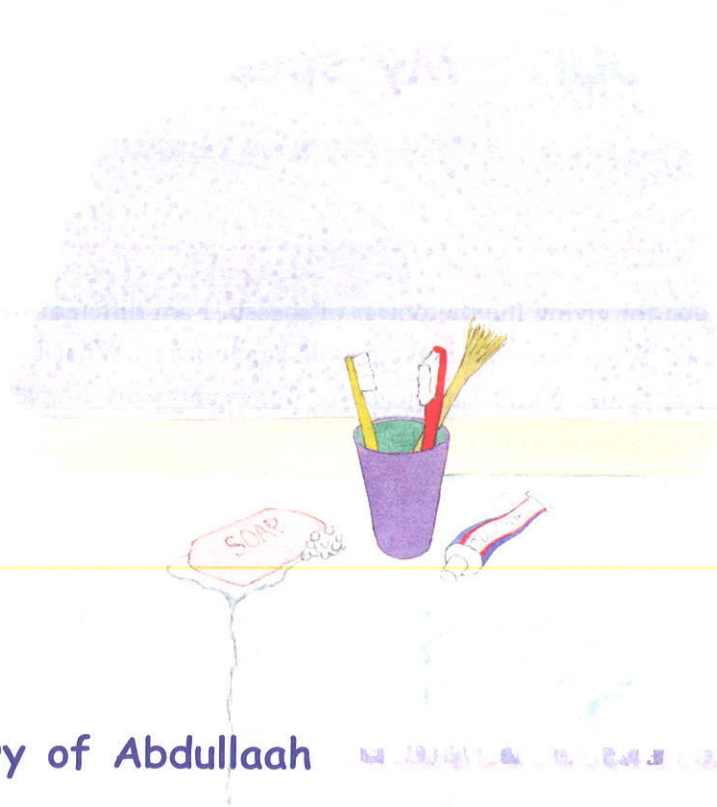
If you obey your parents they will make dua for you and Allaah تَعَالَى becomes pleased with you.

Lesson three A Good Muslim



Oh Allaah تَعَالَى, make me a good Muslim, one who is obedient to his parents and always ready to help those in need. A Muslim is always respectful to his elders and caring and loving to those younger than him.

1. A good Muslim is always first to make salaam
2. A good Muslim is clean at all times.
3. A good Muslim does not fight and swear.
4. A good Muslim is not rude to his parents, friends and workers.
5. A good Muslim is always helpful.
6. A good Muslim does not argue with elders.
7. A good Muslim does not laugh at other people.
8. A good Muslim gives his seat to elders if there is no place
9. A good Muslim always smiles
10. A good Muslim helps the cripple, old and the sick.



The story of Abdullaah

Peter was a seven-year-old boy. His mother worked for a Muslim family. He and his mother lived in a little room in the yard of the Muslim family. Everyday after school, Peter played with the Muslim children who lived at the house where his mother worked. Sometimes they would sit together and do their homework. After a few months Peter and his mother became Muslim. He changed his name to Abdullaah. Abdullaah now went to the Muslim School and made many new friends. One day the teacher asked Abdullaah to explain to the class, why he decided to become a Muslim. Abdullaah said that he became a Muslim because he saw how the Muslim children behaved at the house where his mother worked. He saw that they always made salaam when they met each other. They washed their hands before and after eating. They were always clean and respectful when they spoke to their elders. He noticed that they respected his mother in the same way as they respected their own parents. Abdullaah said that he decided to become Muslim after he saw how Muslim people prayed and cared for the poor and needy.

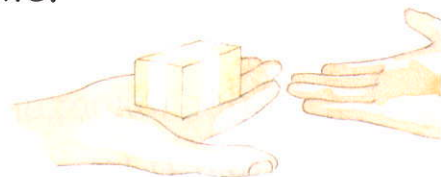
Your manners tell people about your religion.

Lesson five Give and Take



Allaah تَعَالَى make me amongst those that are willing to give, and save me from being amongst those who only take without caring for others.

1. I pass things with my right hand.
2. I do not throw things at people.
3. I do not let people walk to me to collect something; I walk to them.
4. I give to the needy with a smile.
5. I do not show an angry face when giving to the needy.
6. I take things with my right hand.
7. I do not take things using my left hand
8. I do not grab when taking something.
9. I say 'please' when asking and 'jazaakallaah' on receiving something.
10. I always try to fetch things on my own.
I do not ask other people.



Are the following actions good or bad?

- ◆ Shaakirah asked her brother for a pencil. He threw it at her.
- ◆ When Zaynub was given a sweet she took it with her right hand and said: 'jazaakallaah'
- ◆ Ismaaeel became angry when a hungry person asked for food. He threw an apple at him.
- ◆ When Fatima was thirsty, she asked her mother to bring her water.
- ◆ Ahmad grabbed the toy from his younger brother, and refused to share it with him.

The people of Madeenah

When the Muslims left Makkah and came to live in Madeenah they were very poor. They had left their families and belongings behind and did not own anything. They were total strangers in the city of Madeenah and did not even have a home to live in. Although the Muslims of Makkah had nothing with them, they never asked for anything. The people of Madeenah were very kind towards them. They took the Muslims of Makkah into their own homes and treated them like their own brothers. They shared their wealth and food with them. They never reminded them of their kindness. They always shared their belongings with a smiling face. Many years later when these Muslims of Makkah had enough wealth of their own, they decided to repay the Muslims of Madeenah for all their kindness, but the Muslims of Madeenah did not want any repayment. They said that they wanted Allaah to reward them in Jannah.

Lesson six Eating habits



Oh Allaah تَعَالَى! I thank you for giving me food and drink. There are so many people who do not have anything to eat. I see little children searching dustbins for scraps of food. I see old men and women eating dry bread. I will always be respectful and thankful for the gifts of Allaah تَعَالَى. Islam teaches us healthy eating habits. I am a good Muslim. I eat and drink according to the teachings of Islam.

1. I wash my hands before I eat.
2. I eat with my right hand.
3. I say 'bismillaah' before eating.
4. I do not take more food than I can eat.
5. I eat from the front of the plate.
6. I do not eat while standing or walking.
7. I always sit and eat.
8. I read the dua before and after eating.
9. I always clean my plate and lick my fingers.
10. I do not complain about the food.

Point out all the incorrect eating habits in the following story.

Ayyoob's mother called him to eat while he was playing with mud in the garden. He came straight to the table, rubbed his hands onto his clothes and stood at the table. He loved rice very much, and started eating, while talking to his sister. He could not eat all his food because he dished out so much. He left his plate dirty, and messed the tablecloth. He grabbed a banana and ate it with his left hand. He was full by now, so he left the table and returned to play in the garden.



Eating

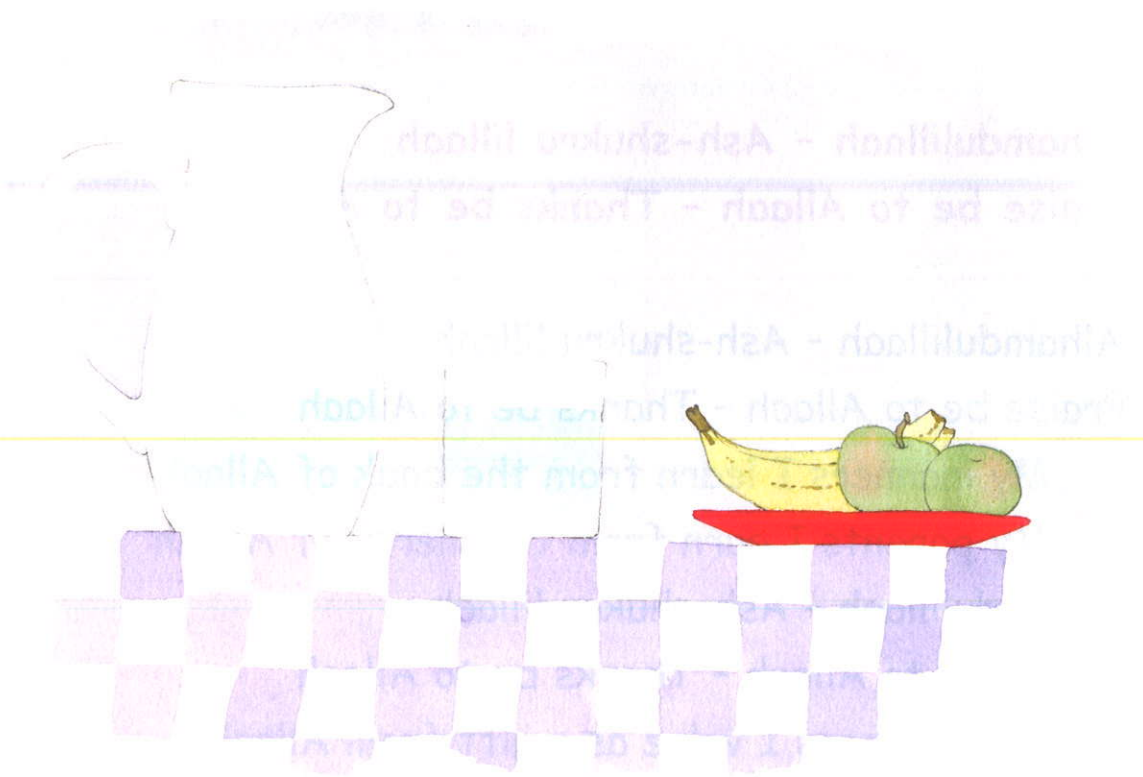
Once a person came to Nabee ﷺ and complained about his hunger. Nabee ﷺ did not have anything to give to the person and asked his companions if any of them could feed the hungry man. One of the companions agreed to take the hungry person to his home. When he arrived at home his wife told him that there was very little food at home, just enough to feed their children. He said to her, "this person is the guest of Nabee ﷺ" "Put the children off to sleep and let us feed the guest." As the guest sat down to eat, they put out the lamp and pretended to be eating with him in the dark. The guest ate to his fill while the rest of the family stayed hungry. Allaah was very pleased with the sacrifice of these people and praised them in the Qur'aan.

Lesson seven Drinking habits



Oh Allaah تَعَالَى, thank you for giving us good and pure drinking water. We know there are so many children that have to walk long distances to get water for their families. We must learn not to waste water.

1. I drink with my right hand.
2. I sit and drink.
3. I say: " bismillaah," before drinking.
4. I look into the glass before drinking.
5. I drink in three or more sips.
6. I say "alhamdulillah" after drinking.
7. I do not drink anything too hot.
8. I always offer others before I drink
9. I do not drink from a chipped or cracked glass.
10. I do not waste the gifts of Allaah.



Aboo Hurairah رَضِيَ اللَّهُ عَنْهُ

Once Aboo Huraira رَضِيَ اللَّهُ عَنْهُ was very hungry. Nabee صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ took him home where they found a container of milk, which had been sent to him as a present. Nabee صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ asked him to go to the masjid and invite all his friends as well. As he went to invite his friends, Aboo Huraira رَضِيَ اللَّهُ عَنْهُ could not understand how so many people will be able to share the milk. When everyone arrived Nabee صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ told him to first serve the milk to all the guests. Aboo Huraira رَضِيَ اللَّهُ عَنْهُ wondered whether any milk would be left for him. Each of his friends drank to their hearts fill until only he was left. Nabee صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ told him to drink his fill. He drank until he could drink no more, and then Nabee صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ drank whatever had remained. Although so many people drank, the milk did not get finished and there was enough for everyone.

Lesson seven Poem



Alhamdulillaah - Ash-shukru lillaah

Praise be to Allaah - Thanks be to Allaah

Alhamdulillaah - Ash-shukru lillaah

Praise be to Allaah - Thanks be to Allaah

My manners I learn from the book of Allaah

My parents I earn from the mercy of Allaah

Alhamdulillaah - Ash-shukru lillaah

Praise be to Allaah - Thanks be to Allaah

My teachers I value as a gift from Allaah

My work I learn as a student of Allaah

Alhamdulillaah - Ash-shukru lillaah

Praise be to Allaah - Thanks be to Allaah

My food I eat saying Bismillaah

My water I drink saying Alhamdulillaah

Alhamdulillaah - Ash-shukru lillaah

Praise be to Allaah - Thanks be to Allaah

My things I take saying Jazakallaah

My speech I guard fearing the anger of Allaah

Alhamdulillaah - Ash-shukru lillah

Praise be to Allaah - Thanks be to Allaah



Ishaaq

The teacher was very angry as he sat in the class. He had just scolded the pupils for the litter that lay in the class. Just then, Ishaaq walked into the class. "From where are you coming? Asked the teacher. "I went to the toilet," said Ishaaq very rudely. Who gave you permission?" asked the teacher.

He just scowled. It was the last period and Ishaaq was tired. The siren rang and as the children were dismissed, Ishaaq got into a fight with two of his friends. He swore at them and kicked them. He entered the house and threw his bag in the lounge. He was very hungry and tired. He kicked his shoes off and left his clothes lying around all over the room. As he sat to eat, he began complaining about the food his mother had cooked and cried for sweets and chocolates. He then left the house without asking his mother and came back late in the evening. "Did you perform any of your salaah today?" asked his mother. "Yes," lied Ishaaq. "Now go and finish your homework," said his mother. "I don't have any homework," lied Ishaaq again. He had not completed his homework for the past few days, nor did he learn the Soorah his Ustaaz had asked him to learn. As he stood there, his sister offered him some biscuits from a tray. He grabbed a biscuit from the tray and began eating it with his left hand. He then went to the fridge and after taking out a bottle of juice he gulped it down. His sister told him to sit and drink. He looked at her angrily and walked out of the house.

Ishaaq did not learn good manners because he did not go to madrasah and he refused to listen to his parents.

Notes to the Muallim/ah

- This book has seven lessons
- One poem to be recited/sing along
- SUGGESTED DEVELOPMENT OF LESSON TO COVER THE FIRST SECTION OF THE SYLLABUS
 - The notes in the 'block' serves as an introduction to the lesson. These are not intended for the learners, but rather be used by the Muallim/ah in the development of the lesson.
 - Story for each lesson
 - Questions on each lesson to be done orally with learners as many have not as yet any basic reading and writing skills.

Period 1:

Introduce the lesson to the learners, using the 'blocked' information as a guide.

Period 2 & 3:

Explain the keypoints to the learners.
Remember to engage learners, as they will respond accordingly.

Period 4:

Read the story to the children. They will be able to identify what they see as right and wrong, as this will become a basis for your revision.

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